

Occupational Safety and Health At Workplace

Course Duration: 2-day; Instructor-led

Time Schedule: 9am-5pm

Lunch: 1:00pm- 2:00pm

Morning Tea-break: 10:30am-10:45am

Afternoon Tea-break: 3:30pm -3:45pm

BENEFITS

Upon completion of this program, the participants will be able to:

- The general requirement of OSHA.
- Identity the key hazard and risk in the manufacturing environment.
- Adopt personal safety and prevention measures at workplace.
- Adhere a safety teamwork and practice

AUDIENCE

This course is suitable for Managers, and Supervisors, workers and OSH Committee member in manufacturing environments who need to be aware of Occupational Safety And Health Act (OSHA) and implementing measures in the workplace. It is also for machinery operators, general workers and line production workers.

METHODOLOGY

This course will be delivered using dynamic mixture of lectures, practical case studies, video presentations and group discussion.

KEY CONTENT

Module 1 - Introduction To Ohsa 1994

- Introduction
- Salient contents of OSHA 1994

Module 2 - The Safety Policy And Manual

- Safety policy
- The Safety Manual
- Identifying hazardous and risk area.
- Machinery materials, processes and environment.
- Checklist and safety committee.

Module 3 - Roles And Responsibilities Of

- Employers and Employees
- Provision of Personal Protective Equipment (PPE)
- Proper Guarding of dangerous machines
- Health and welfare of Employees

Module 4 - Good Housekeeping In Workplace

- Why we should pay attention to housekeeping at work
- Smoking area
- Storing of finished and unfinished materials
- Housekeeping of interiors and Exteriors of building

Module 5 - Emergency Response Procedures And Team

- What is working emergency
- Action Plan
- Initial arrangements
- Roles and responsibilities of team members
- Action to be taken in case of emergency
- Evacuate building
- Assembly area and head count
- Evaluation

Module 6 - Permit To Work' And 'Hot Work Permit' System